



Mission: Promote a sustainable food system that is equitable, profitable, resilient, and health-promoting in the County of San Luis Obispo.

Vision Statement: San Luis Obispo has a thriving, sustainable, and local food economy, and every resident has access to fresh, nutritious food without compromising the ability of the system to meet the needs of future generations.

### Meeting Minutes

Monday, May 13, 2019

9:00am – 10:30am

Copeland Health Education Pavilion  
1911 Johnson Ave, San Luis Obispo

Present: Dayna Ravalin, Jean Raymond, Jessica Doveaux, Linda Baggett, Kayla Rutland, Jen Miller, Kim Chartrand, Ellen Burke, Claire Tuoheymote, Melissa Donehey, Ana Alvarez, Patti Toews, Jeff Wade, Wendy Minarik, Kat Lauterback, Stephanie Teaford, Jordan Cooper, Emily Hansen, Monica Anderson, Haley Trengove

#### I. Introductions & Announcements

- SB 1383 requires diversion of 40% more food waste than current diversion rate by 2022. IRWM to partner with community organizations on this.
- Check out the [tinyfootprintexpo.com](http://tinyfootprintexpo.com).
- The FSC has two events planned for this summer: a social on July 23 at 5:30 at 7 Sisters brewing co. in San Luis Obispo and a tour of the anaerobic digestion facility on August 29. To sign up for the tour (limited to 15 people), email [slofoodsystem@gmail.com](mailto:slofoodsystem@gmail.com). More details at [slofoodsystem.org/events](http://slofoodsystem.org/events)

#### II. Panel Discussion: Food Access for Seniors

This topic arose out of the discussions of the CalFresh Alliance FSC work group.

#### Panelists:

1. *Dave Kuykendall, SLO Village* | [slovillage.org](http://slovillage.org)

SLO Village is a local non-profit that helps seniors to age in place, live in their own homes, and stay connected to the community through a volunteer network. It is a self-run community where seniors contribute to the solutions.

2. *Kat Lauterback, Department of Social Services (DSS)* | [slocounty.ca.gov](http://slocounty.ca.gov) | See presentation slides at [slofoodsystem.org/resources](http://slofoodsystem.org/resources).

SSI recipients (including seniors) may be eligible for CalFresh benefits without reducing their SSI benefits starting June 1, 2019. Previously they have been ineligible. The lowest benefit amount is \$15 per month per person, which can be saved up month-to-month to save for a big purchase (e.g., thanksgiving). The highest amount is \$192 per month per person. For people with limited mobility, an authorized representatives can act on their behalf, or they can sign up via the phone or online. \$1 in CalFresh transforms = \$1.72 into the local economy.

3. *Juliane McAdam, Meals that Connect* | [mealsthatconnect.org](http://mealsthatconnect.org) | See presentation slides at [slofoodsystem.org/resources](http://slofoodsystem.org/resources).

Meals that Connect prepares and delivers around 156,000 free, hot meals to over 1,500 senior residents each year throughout the County (~500 meals/day). Hot meals are delivered daily Monday through Friday with frozen meals for weekends and holidays. 60% of deliveries are delivered at homes, and 40% are delivered at community sites for social dining. The organization is run by paid staff and over 300 volunteers. The meals are free to recipients but cost ~\$10 per meal for food and labor.

These organizations can interface. A senior can receive meals from Meals that Connect, receive CalFresh benefits, and be connected to other services through SLO Village.

#### Identified Challenges:

- SLO Village - Funding, finding volunteers.
- DSS - People's hesitance to receive government assistance
- Meals that Connect - Data for grants
- General - Seniors' hesitation to accept help even though all seniors eventually face poverty because the cost of living grows to exceed income, except for the most wealthy. Cutting back on food to budget affects nutrition and health.

#### Identified Resources:

- 2-1-1 Resource Hotline maintained by the United Way. 2-1-1 is a non-emergency telephone number that connects individuals and families with information and community resources. To get help, simply dial 2-1-1 to speak to a call specialist. If you are dialing from outside SLO County, the call center can be reached at

(805) 549-8989 or toll-free at (800) 549-8989. For more information, contact Monica Anderson, 2-1-1 Victim Resource Specialist at [manderson@unitedwayslo.org](mailto:manderson@unitedwayslo.org), 805-541-1234, x-12.

- [Senior Information Guide](#)

Next meeting: Summer Social on July 23 from 5:30-7pm at Seven Sisters Brewing Company, 181 Tank Farm Rd, Ste 110 in San Luis Obispo